

## DID YOU ENJOY EXPERIMENTING WITH TRIATHLON?

### FIND THE NEAREST YOUTH CLUB:

<https://www.triathlonquebec.org/entraîneurs/clubs/>

(if applicable) :

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A verified Club trainer can assess your skills from the *1-2-tri SCO!* Program and help you navigate the *1-2-tri GO!* Program! Great tools and rewards await you.



### LEVELS 7 PROGRESS ASSESSMENT

NAME: \_\_\_\_\_

GRADE: \_\_\_\_\_

TEACHER: \_\_\_\_\_

DATE: \_\_\_\_\_



